

# ESPA

Natural Beauty  
Inner Calm



Spa Treatment List

T: (01244) 851666

E: leisure@crabwallhotel.co.uk

## ESPA Body & Massage Treatments

### ESPA Express

#### Shoulder, Neck & Scalp Massage

Treatment time: 25 minutes  
Mon-Thurs £40 pp, Fri-Sun £45 pp

#### Back, Neck & Shoulder Massage

Treatment time: 25 minutes  
Mon-Thurs £40 pp, Fri-Sun £45 pp

#### Aromatherapy Massage

Treatment time: 55 minutes  
Mon-Thurs £65 pp, Fri-Sun £70 pp

#### Hot Stones Massage

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

#### Deep Muscle Massage

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

#### Muscle Reviver

Treatment time: 40 minutes  
Mon-Thurs £45 pp, Fri-Sun £50 pp

#### Shoulder, Neck & Face Massage

Treatment time: 55 minutes  
Mon-Thurs £65 pp, Fri-Sun £70 pp

## ESPA Body Scrubs & Wraps

### ESPA Detox Wrap

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

### ESPA Body Wrap

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

### Salt & Oil Scrub

Treatment time: 25 minutes  
Mon-Thurs £40 pp, Fri-Sun £45 pp

### Exfoliating Body Polish

Treatment time: 25 minutes  
Mon-Thurs £35 pp, Fri-Sun £40 pp

### Invigorating Foot Treatment

Treatment time: 25 minutes  
Mon-Thurs £40 pp, Fri-Sun £45 pp

## ESPA Maternity

### Pre Natal Treatment

Treatment time: 25 minutes  
Mon-Thurs £40 pp, Fri-Sun £45 pp

### Pre Natal Treatment

Treatment time: 55 minutes  
Mon-Thurs £55 pp, Fri-Sun £60 pp

## ESPA Facials

### ESPA Express

#### Personalised Express Facial

Treatment time: 25 minutes  
Mon-Thurs £45 pp, Fri-Sun £49 pp

#### Age Defying Facial

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

#### Skin Radiance Facial

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

#### Re Hydrator Facial

Treatment time: 55 minutes  
Mon-Thurs £65 pp, Fri-Sun £70 pp

#### De-Sensitiser Facial

Treatment time: 55 minutes  
Mon-Thurs £65 pp, Fri-Sun £70 pp

#### Skin Purifying Facial

Treatment time: 55 minutes  
Mon-Thurs £65 pp, Fri-Sun £70 pp

#### Advanced Radiance Facial

Treatment time: 55 minutes  
Mon-Thurs £69 pp, Fri-Sun £74 pp

#### Lift & Firm Eye Treatment

Treatment time: 25 minutes  
Mon-Thurs £45 pp, Fri-Sun £50 pp

## GELeration Nails

### Geleration Application Manicure

Treatment time: 60 minutes  
Mon-Thurs £30 pp, Fri-Sun £35 pp

### Geleration Application Pedicure

Treatment time: 60 minutes  
Mon-Thurs £30 pp, Fri-Sun £35 pp

### Geleration Removal

Treatment time: 30 minutes  
Mon-Thurs £12 pp, Fri-Sun £12 pp

## Hands & feet

### Jessica Deluxe Manicure

Treatment time: 55 minutes  
Mon-Thurs £35 pp, Fri-Sun £39 pp

### Jessica Deluxe Pedicure

Treatment time: 55 minutes  
Mon-Thurs £35 pp, Fri-Sun £39 pp

### Jessica Express Manicure

Treatment time: 25 minutes  
Mon-Thurs £22 pp, Fri-Sun £25 pp

### Jessica Express Pedicure

Treatment time: 25 minutes  
Mon-Thurs £22 pp, Fri-Sun £25 pp

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crabwall manor  
hotel and spa

*Spa Treatment List*

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## Holistic Therapy

### Indian Head Massage

Treatment time: 45 minutes

Mon-Thurs £45 pp, Fri-Sun £50 pp

### Hopi Ears

Treatment time: 40 minutes

Mon-Thurs £35 pp, Fri-Sun £40 pp

## Maintenance

### Treatments

#### Eyelash Tint\*

Treatment time: 30 minutes

Mon-Thurs £15 pp, Fri-Sun £20 pp

#### Eyebrow Shape & Wax

Treatment time: 15 minutes

Mon-Thurs £10 pp, Fri-Sun £15 pp

#### Eyebrow Tint\*

Treatment time: 15 minutes

Mon-Thurs £10 pp, Fri-Sun £15 pp

## Maintenance

### Treatments

#### Full Leg Wax

Treatment time: 60 minutes

Mon-Thurs £25 pp, Fri-Sun £30 pp

#### Half Leg Wax

Treatment time: 25 minutes

Mon-Thurs £20 pp, Fri-Sun £25 pp

#### Arm Wax

Treatment time: 25 minutes

Mon-Thurs £10 pp, Fri-Sun £15 pp

#### Underarm Wax

Treatment time: 15 minutes

Mon-Thurs £12 pp, Fri-Sun £15 pp

#### Bikini Wax

Mon-Thurs £15 pp, Fri-Sun £20 pp

#### Upper Lip or Chin Wax

Mon-Thurs £10 pp, Fri-Sun £15 pp

#### Upper Lip & Chin Wax

Mon-Thurs £15 pp, Fri-Sun £20 pp

## Arrival

We recommend that you arrive at the spa reception a minimum of 15 minutes prior to your scheduled appointment. If you are planning on using the facilities, we recommend that you arrive a minimum of one hour before your treatment.

Please understand that late arrivals will only receive the remainder of their treatment time.

## What to wear

Robes, towels and slippers are provided for your convenience. A £1 coin is required for lockers. Lower underwear or swimwear must be worn for all treatments.

## Deposits when booking

A 50% deposit will be required at the time of booking and the remaining balance is to be paid on the day of arrival at the spa.

## Cancellation Policy

Cancellations (within 48 hours) or no shows will incur a 100% charge.

## Medical Conditions

All treatments can be adapted to suit medical conditions. All medical conditions must be stated at the time of booking. A doctor's note will be required for certain medical conditions.

\*A tint test is required 24 hours prior to your scheduled treatment time.

## Spa Hours & Contact

Monday- Wednesday & Saturday & Sunday- 10am-6pm

Thursday & Friday- 10am-8pm

Crabwall Manor Hotel & Spa,  
Parkgate Road, Mollington, Chester, CH1 6NE