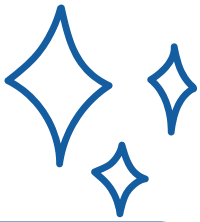


CLASS SCHEDULE



Mon

Tue

Wed

Thu

Fri

Stretch & Tone
11am-12pm
Pete

Aqua Aerobics
10.30am-11am
Carla

Yoga
10.30am-12pm
Lisa

Yoga
10.30am-12pm
Lisa

Pilates
9.30am-10.15am
Carla

Vibe Cycle
5.45pm-6.30pm
Carla

Pilates
11am-11.45am
Carla

Aqua Aerobics
10:30am-11am
Carla

Core Strength &
Stretch
6.30pm-7pm
Carla

Yoga
7.30pm-9pm
Lisa